

Please note this referral is for the administration of therapy only, this does not constitute a referral for investigation or other management

PATIENT

NAME: DOB: PHONE:

CLINICAL INFORMATION

ALLERGIES:

WEIGHT: **Hb:** **CREAT:** **eGFR:** **FERRITIN:**

Medical History: **Pregnant** (Gestation in weeks) **Fluid Restriction/ Professional Athlete** **Heart Failure** **Renal Failure**

**** PLEASE ISSUE A VALID SCRIPT TO PATIENT FOR ALL REQUESTED DRUGS ****

IRON ORDER (Pregnant women **MUST** be beyond 16 weeks gestation)

- Ferinject 500mg** (1 vial, *single dose*) **Monofer 500mg** (1 vial, *single dose*)
- Ferinject 1g** (2 vials, *single dose*) **Monofer 1g** (1 x 1000mg vial, *single dose*)
- Ferinject 1.5g** (3 vials – *divided doses*) **Monofer 1.5g** (3 x 500mg vials, *single dose*)
- Ferinject 2g** (4 vials – *divided doses*) **Monofer 2g** (1 x 1000mg vial + 1 repeat, *divided doses*)

Determination of the need for Iron		
HB g/L	PATIENT BODY WEIGHT	
	35kg - 70kg	70kg & above
< 100	1,500 mg	2,000 mg
100 to <140	1,000 mg	1,500 mg
≥ 140	500 mg	500 mg

NP MedicineWise | July 2021

Maximum single dose 20mg/kg

Simplified table for iron need

INTRAVENOUS MEDICATION ORDER

ANTIEMETICS

- Maxalon® 10mg
- Stemetil® 12.5mg
- Ondansetron 4mg 8mg

ANTIBIOTICS Order is for a single dose unless otherwise specified

- Cephazolin 1g 2g
- Ceftriaxone 1g
- Ampicillin 1g 2g
- Gentamicin
4-5mg/kg ideal weight;
Use lower end if CrCl<40ml/min

DOSE:

OTHER ORDER/NOTES: Please specify drug, dose, route, frequency and duration. Contact us to confirm this medication is offered.

INTRAVENOUS FLUID ORDER

- TYPE:** Normal Saline 0.9% Hartmanns
- VOLUME:** 500mL 1L 2L

RATE/DURATION:

VENESECTION ORDER *For hereditary haemochromatosis or PCV*

- DRAW:** 450mL Whole Blood (Standard)
 250mL Whole Blood
 Order valid for 12 months

Frequency of venesections

Number of venesections

MIGRAINE / HEADACHE MANAGEMENT ORDER

- Fluids (please specify under Intravenous Fluid Order)
- Stemetil® 12.5mg IV (may cause drowsiness)
- Paracetamol 1g PO
- Order valid for 12 months (PRN)
- Oxygen 15L/min (cluster headache)

REFERRING DOCTOR (Drs Signature essential for valid order)

By signing below, I confirm that I have gained the patient's informed consent for the above procedure/treatment, after discussing the risks, complications and alternatives with the patient. The patient understands they may withdraw consent at any time

NAME: PROVIDER No:

ADDRESS: Please send correspondence **via HealthLink**
 Please send **referral pads**

DOCTOR'S SIGNATURE: DATE:

RANDWICK

Address:

Level 1 | Wales Medical Centre
66 High Street | RANDWICK

Parking:

Randwick Plaza (Coles) | Avoca Street

Light Rail Stop:

Randwick

Phone: 1300 122 300

Email:

reception@infusionclinic.com.au

Appointments:

Monday to Saturday

LIVERPOOL

Address:

Level 3 | Suite 305
161 Bigge Street | LIVERPOOL

Parking:

Warren Serviceway Parking Station

Train:

Liverpool Railway Station

Phone: 1300 122 600

Email:

liverpool@infusionclinic.com.au

Appointments:

Monday to Saturday

MELBOURNE

Address:

Level 1, 517 St Kilda Road, MELBOURNE
(300m from The Alfred Hospital)

Parking:

Secure Parking, 553 St Kilda Road

Tram Stops:

Commercial Road / St Kilda Road
Alfred Hospital

Phone: 1300 122 400

Email:

melbourne@infusionclinic.com.au

Appointments:

Monday to Saturday

ESSENTIAL PATIENT INFORMATION

- **Payment is required on the day of treatment.** We accept credit cards (Visa, Mastercard, EFTPOS). NO CASH during COVID 19 restrictions.
- **Complimentary Wi-Fi** is provided for your convenience
- **Bring a jacket or a scarf** in case you get cold during the infusion
- Please note there is no facility provided for the **care of children**
- For **patient privacy**, we ask that any person accompanying you remains in the waiting room
- **Please wear loose fitting clothing to your appointment** so your sleeve can be pushed well above the elbow to allow insertion of the intravenous (IV) cannula, and so you are comfortable sitting for the required time
- **Please ensure you have eaten and are adequately hydrated prior to your appointment.**
Doing this makes the IV cannulation easier and more comfortable

✳ **If you suffer from a heart or kidney condition, please ask your doctor the appropriate amount of hydration (fluid intake) you should have prior to the infusion** ✳

INTRAVENOUS (IV) INFUSIONS

For the purpose of administering intravenous (IV) fluids, or medications, directly into the blood circulation, an IV cannula is inserted into a vein. At *The Infusion Clinic*, the IV cannula will be inserted by a trained nurse.

To ensure a safe infusion a large vein is selected, usually in the forearm. A tourniquet is applied, then a small plastic tube (cannula) is inserted into the vein via a needle. Once the cannula is inserted the needle is removed, leaving the soft cannula in the vein for administration of the medication and/or IV fluid. The tourniquet is removed, and a dressing applied to secure the cannula.

Discomfort should be minimal and disappears soon after the needle is removed from the cannula.

The medication and/or IV fluid is then attached to the cannula for administration into the vein.

Following completion of the infusion the cannula is removed and pressure is applied to the site to stop any bleeding.

Bruising and irritation may occur at the cannula site for several days following the infusion. There is a small risk of infection with any medical procedure, **please monitor the IV site over the next 7 days for redness or pain.** Should either occur you should see your doctor for further assessment and any required treatment.

IRON INFUSIONS

Iron is an essential mineral within your body. Adequate levels are required for the normal function of muscles (including the heart) and the normal production of haemoglobin and red blood cells, which carry oxygen in the blood around your body. Iron deficiency can cause lethargy, fatigue and lack of concentration, and in more severe cases, can cause anaemia (low blood levels). This can cause a pale complexion, dizziness, shortness of breath, and a reduced capacity for activity. In pregnancy, iron deficiency can cause restricted foetal growth leading to an underweight baby. Iron deficiency has many causes which may require further investigation by your doctor.

Replacing iron by an IV infusion allows for rapid restoration of the body's healthy iron levels with few side-effects, unlike oral tablets which take a number of months to have an effect and can cause gastro-intestinal effects including constipation and stomach upsets.

You have been referred for an iron infusion for treatment of iron deficiency. This is where an iron-containing medication is administered into a vein via an infusion and cannula, and into your bloodstream.

In extremely rare cases, where the IV cannula is dislodged, the skin surrounding the injection site may become permanently discoloured (tattooed). The risk of this occurring is less than one in 1000.

Intravenous iron, for example Ferinject or Monofer, are medications used to treat iron deficiency. These medications are administered over 15-30 minutes, with additional IV hydration administered following for a further 30 minutes to help minimise any potential side-effects.

Specific dosages may require you to have two infusions to safely administer the medication, but this will be discussed with you when you book your appointment.

If you are pregnant, intravenous iron is safe to administer after the 16th week of pregnancy. However, if you are pregnant, you should talk with your doctor about the benefits and risks of iron infusion during pregnancy.

In general, side-effects with iron infusion are uncommon. Side-effects may include flu-like symptoms, nausea, dizziness, headaches, low phosphate levels and muscle/joint aches or pains.

If you have any questions regarding your iron infusion, feel free to browse the FAQ section of The Infusion Clinic website or submit a query online. d any required treatment.