

Please note this referral is for the administration of therapy only, this does not constitute a referral for investigation or other management

**PATIENT**

NAME: ..... DOB: ..... PHONE: .....

**CLINICAL INFORMATION**

**ALLERGIES:** .....

WEIGHT: ..... Hb: ..... CREAT: ..... eGFR: ..... FERRITIN: .....

Medical History:  Pregnant (Gestation in weeks ..... )  Fluid Restriction  Heart Failure  Renal Failure

**\*\* PLEASE ISSUE A VALID SCRIPT TO PATIENT FOR ALL REQUESTED DRUGS \*\***

**IRON ORDER** (Pregnant women MUST be beyond 16 weeks gestation)

- |   |   |
|---|---|
| <input type="checkbox"/> Ferinject 500mg (1 vial)                 | <input type="checkbox"/> Monofer 500mg (1 vial)                             |
| <input type="checkbox"/> Ferinject 1g (2 vials)                   | <input type="checkbox"/> Monofer 1g (2 vials)                               |
| <input type="checkbox"/> Ferinject 1.5g (3 vials – divided doses) | <input type="checkbox"/> Monofer 1.5g (3 vials – authority script required) |
| <input type="checkbox"/> Ferinject 2g (4 vials – divided doses)   | <input type="checkbox"/> Monofer 2g (4 vials – divided doses)               |

	Wt <70kg	Wt ≥ 70kg
Hb < 100g/L	1.5g (3 Vials)	2g (4 Vials)
Hb ≥ 100g/L	1g (2 Vials)	1.5g (3 Vials)

Maximum single dose 20mg/kg ↑

**Simplified Dose Calculator for Intravenous Iron**

**INTRAVENOUS MEDICATION ORDER**

**ANTIEMETICS**

- Maxalon® 10mg  
 Stemetil® 12.5mg  
 Ondansetron  4mg  8mg (Non PBS)

**ANTIBIOTICS** Order is for a single dose unless otherwise specified

- Cephazolin  1g  2g  Gentamicin  
 Ceftriaxone 1g  
 Ampicillin  1g  2g  
 DOSE: .....

4-5mg/kg ideal weight, use lower end if CrCl < 40ml/min

**OTHER:** .....

Please specify drug, dose, route, frequency and duration. Please contact us to confirm this medication is offered.

**INTRAVENOUS FLUID ORDER**

**TYPE:**

- Normal Saline 0.9%  
 Hartmanns

**VOLUME:**

- 500mL  
 1L  
 2L

RATE/TIME: .....

**VENESECTION ORDER**

- DRAW:**  450mL Whole Blood (Standard)  
 250mL Whole Blood  
 Order valid for 12 months

Frequency of venesections .....

Number of venesections .....

**MIGRAINE / HEADACHE MANAGEMENT ORDER**

- Fluids (please specify under Intravenous Fluid Order)  Paracetamol 1g PO  
 Stemetil® 12.5mg IV (may cause drowsiness)  Order valid for 12 months (PRN)

**CONSENT (Patient MUST sign this consent in the presence of the referring doctor)**

My medical practitioner and I have discussed my present condition(s) and the various ways in which it may be treated, including the above proposed procedure and/or treatment. The doctor has informed me, and I understand:

- The procedure/treatment proposed
- The procedure/treatment carries some risks, and complications may occur, and
- Additional treatments may be needed to achieve the desired results

I understand that I may withdraw my consent. I request and consent to the procedure/treatment described above for me.

**PATIENT'S SIGNATURE:** ..... **DATE:** .....

**REFERRING DOCTOR (Drs Signature essential for valid order)**

NAME: ..... PROVIDER No. ....

ADDRESS: .....

**DOCTOR'S SIGNATURE:** ..... **DATE:** .....



### Address:

Level 1, 66 High Street, RANDWICK

### Parking:

- 🅑 Randwick Plaza (Coles) on Clara St
- 🅑 Royal Randwick Shopping Centre, Avoca St

**Phone:** 1300 122 300

**Email:** [reception@infusionclinic.com.au](mailto:reception@infusionclinic.com.au)

**Appointments:** Monday to Saturday

## ESSENTIAL PATIENT INFORMATION

- **Payment is required on the day of treatment.** We accept credit cards (Visa and Mastercard, EFTPOS) and cash
- **Complimentary Wi-Fi** is provided for your convenience
- **Bring a jacket or a scarf** in case you get cold during the infusion
- Please note there is no facility provided for the **care of children**
- For **patient privacy**, we ask that any person accompanying you remains in the waiting room
- **Please wear loose fitting clothing to your appointment** so your sleeve can be pushed well above the elbow to allow insertion of the intravenous (IV) cannula, and so you are comfortable sitting for the required time
- **Please ensure you have eaten & are adequately hydrated prior to your appointment.** Doing this makes IV cannulation easier and more comfortable.

*\*\* If you suffer from a heart or kidney condition, please ask your doctor the appropriate amount of hydration (fluid intake) you should have prior to the infusion.*

## INTRAVENOUS (IV) INFUSIONS

For the purpose of administering intravenous (IV) fluids, or medications, directly into the blood circulation, an IV cannula is inserted into a vein. At *The Infusion Clinic*, the IV cannula will be inserted by a trained nurse.

To ensure a safe infusion a large vein is selected, usually in the forearm. A tourniquet is applied, then a small plastic tube (cannula) is inserted into the vein via a needle. Once the cannula is inserted the needle is removed, leaving the soft cannula in the vein for administration of the medication and/or IV fluid. The tourniquet is removed, and a dressing applied to secure the cannula.

Discomfort should be minimal and disappears soon after the needle is removed from the cannula.

The medication and/or IV fluid is then attached to the cannula for administration into the vein.

Following completion of the infusion the cannula is painlessly removed and pressure is applied to the site to stop any bleeding

Bruising and irritation may occur at the cannula site for several days following the infusion. There is a small risk of infection with any medical procedure, please monitor the cannula site over the next 7 days for redness or pain. Should either occur you should see your doctor for further assessment and any required treatment.

## IRON INFUSIONS

Iron is an essential mineral within your body. Adequate levels are required for the normal function of muscles (including the heart) and the normal production of haemoglobin and red blood cells, which carry oxygen in the blood around your body. Iron deficiency can cause lethargy, fatigue and lack of concentration, and in more severe cases, can cause anaemia (low blood levels). This can cause a pale complexion, dizziness, shortness of breath, and a reduced capacity for activity. In pregnancy, iron deficiency can cause restricted foetal growth leading to an underweight baby. Iron deficiency has many causes which may require further investigation by your doctor.

Replacing iron by an IV infusion allows for rapid restoration of the body's healthy iron levels with few side-effects, unlike oral tablets which take a number of months to have an effect and can cause gastro-intestinal effects including constipation and stomach upsets.

You have been referred for an iron infusion for treatment of iron deficiency. This is where an iron-containing medication is administered into a vein via an infusion and cannula, and into your bloodstream.

In extremely rare cases, where the IV cannula is dislodged, the skin surrounding the injection site may become permanently discoloured (tattooed). The risk of this occurring is less than one in 1000.

Intravenous iron, for example Ferinject or Monofer, are medications used to treat iron deficiency. These medications are administered over 15-30 minutes, with additional IV hydration administered following for a further 30 minutes to help minimise any potential side-effects.

Specific dosages may require you to have two infusions to safely administer the medication, but this will be discussed with you when you book your appointment.

**If you are pregnant, intravenous iron is safe to administer after the 16th week of pregnancy. However, if you are pregnant, you should talk with your doctor about the benefits and risks of iron infusion during pregnancy.**

In general, side-effects with iron infusion are uncommon. Side-effects may include flu-like symptoms, nausea, dizziness, headaches, low phosphate levels and muscle/joint aches or pains.

If you have any questions regarding your iron infusion, feel free to browse the FAQ section of *The Infusion Clinic* website or submit a query online.